



FOOD · DRINK · BEACHES · ACTIVITIES

Restaurants – Sorso/Sennori/Sassari/Alghero/Stintino

1 La Risacca

Overlooking the splendid natural setting of the coast, La Risacca sits amiably in a seascape, taking up the soft colors of the sand dunes and the cerulean freshness of the shoreline.

Address SP81, 07036 Sorso SS, Italy

Phone +39 079 359040

Nice views of the beach and good food

4 La Giara

The meat, fish, and vegetables are on display and you can pick what you want to be cooked on a BBQ. Pizza is great. Service is friendly and the restaurant is used by locals.

Address Via Ferdinando Magellano, 14, 07037 Sorso SS, Italy

Phone +39 079 351948

Choose your steak to be cooked

7 Haru

An authentic Japanese restaurant, with a high quality, wide ranging menu at a good price. Great sushi and the abundant and delicious Ramen.

Address Via dei Mille, 76, 07100 Sassari SS, Italy

Phone +39 079 211 7072

Great Sushi fix

2 Al Primo Ristobar

Wonderful location on beach number 7, great menu with excellent choice of fish dishes (they also serve meat and can cater for vegetarians). The owners are very kind and accommodating.

Address Discesa a mare 7, 07037

Sorso SS, Italy

Phone +39 345 075 4909

Giovanni cousin- nice range of food

5 Ristobar 079

Bar, restaurant and pizzeria. Excellent pizza, faine' and paninozzi. Huge selection of sandwiches/burgers with a variety of sauces and sides.

Address Via Guglielmo Marconi, 50, 07037 Sorso SS, Italy

Phone +39 079 436 1891

Only for take away pizza

8 Sa Mandra

This amazing agritourism experience involves 10 courses served in a series of rustic dining rooms all for a mere €40 pp including wine. They follow traditional recipes to preserve the characteristic flavors of the region.

Address Strada Aeroporto Civile, 21, 07041 Alghero SS, Italy

Phone +39 079 999150

Outstanding experience- all home grown

3 La Chicca Piperita

Located on the seafront with a beach style interior, a good choice for evening take-away pizza (wood fired ovens night-time only). Eat in evening menu with a wide range of fresh seafood, meat and pasta dishes.

Address SP81, 07037 Marina di Sorso, Sorso SS, Italy

Phone +39 079 367150

Quick bite and take away pizza

6 Ristorante Da Vito

You will find quality seasonal dishes with intense flavours and aromas. From mushrooms to sea urchins, from artichokes to game and fish of all kinds. Staff operate with professionalism and friendliness.

Address Badde Cossos Strd. Sassari-Sennori, 07036 Sennori SS, Italy

Phone +39 079 360245

Sophia Loren's favourite - very nice

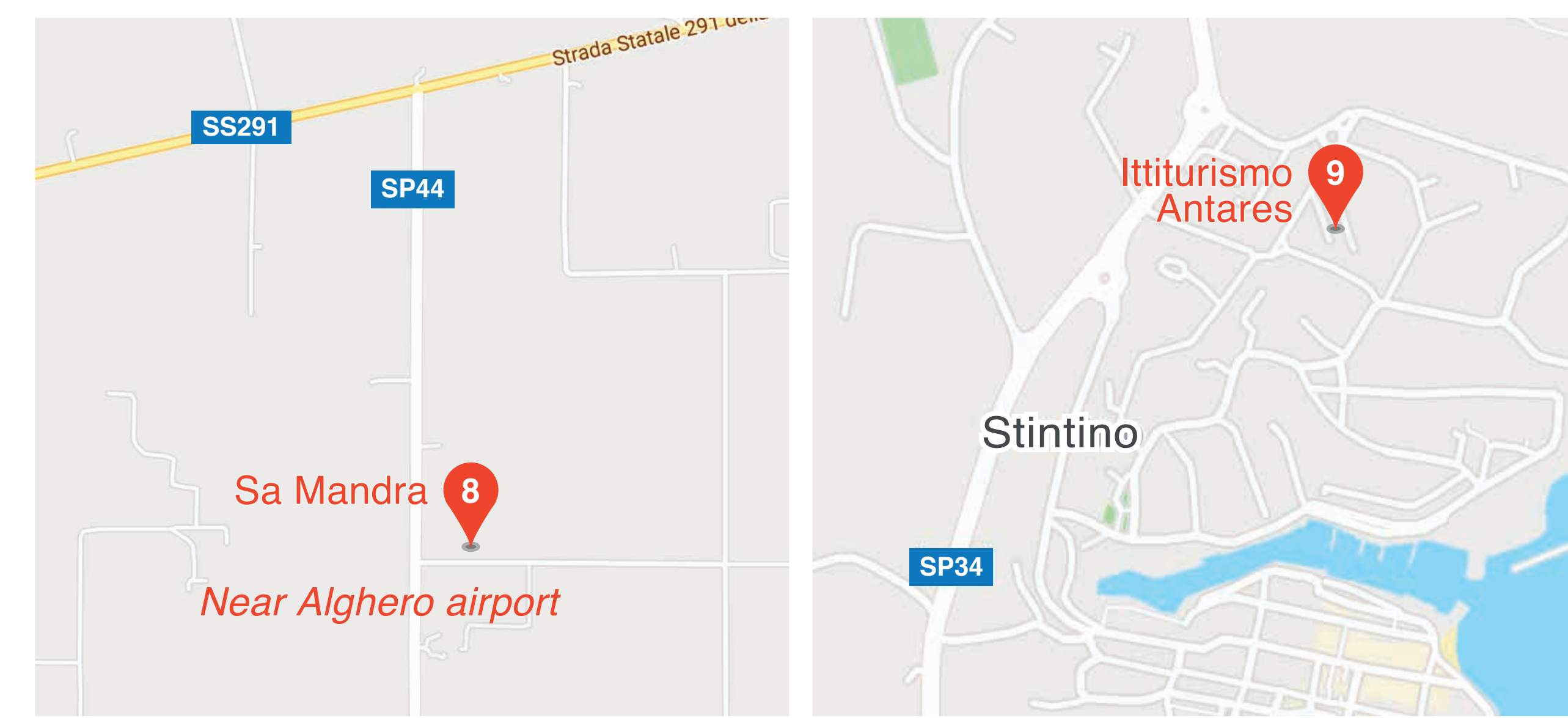
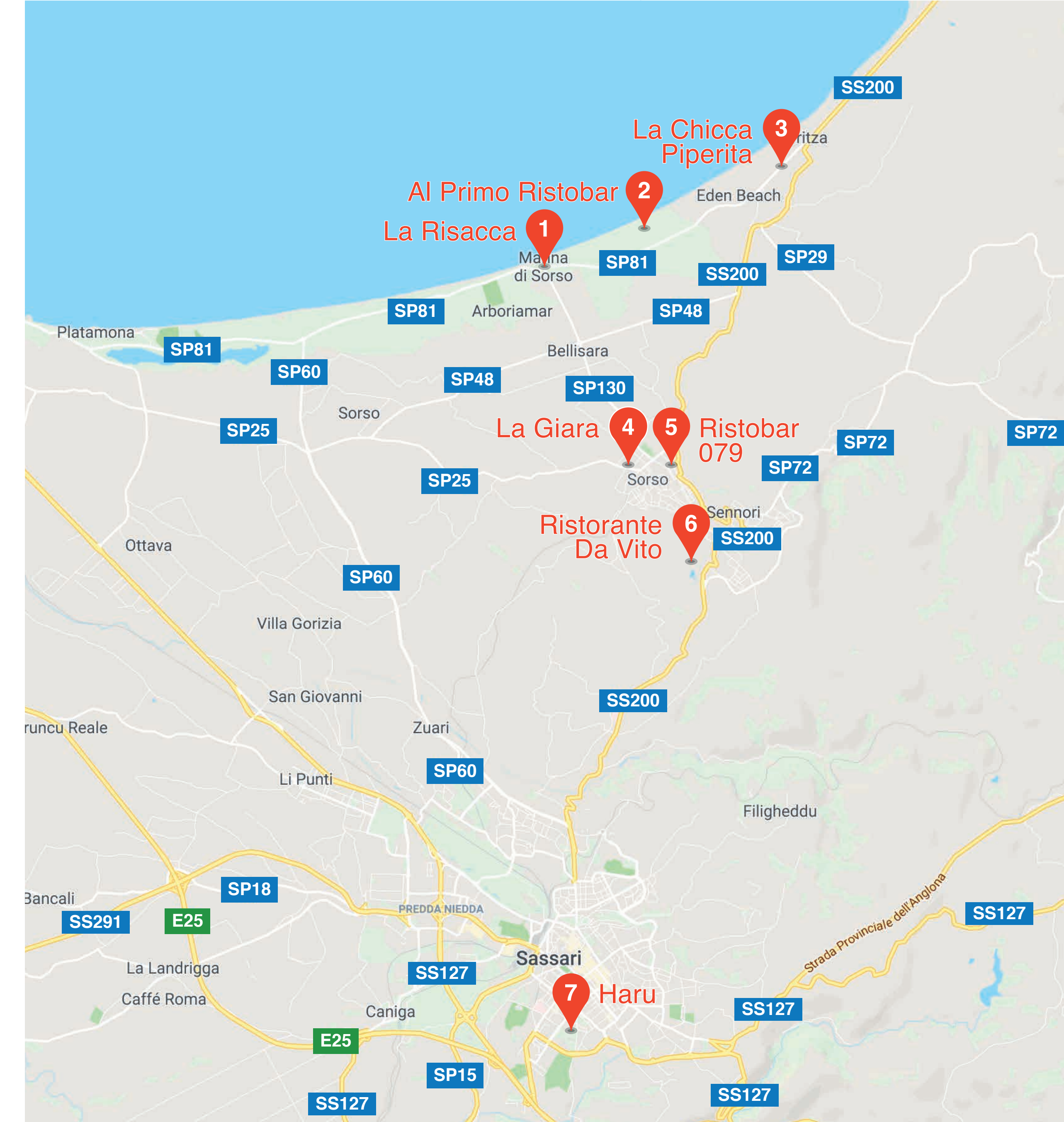
9 Ittiturismo Antares

A seafood restaurant which is being run as a conservation project - the chef who cooks your evening meal is the wife of Agostino, the fisherman who catches the fish during the day! Excellent!!

Address Via Punta Scorno, 4, 07040 Stintino SS, Italy

Phone +39 079 523013

Seafood feast and a great concept



Restaurants – Castelsardo

1 Ristorante il Cavalluccio

The setting is magical: seaside, on a cliff, great sunset views and a lovely patio. The wine selection and sommelier both excellent. The seafood is amazing!

Address Località Punta Tramontana, 07031 Castelsardo SS, Italy

Phone +39 079 474510

Quality food and outstanding views

4 La Trattoria Da Maria Guiseppa

Great pizza and following the Sardinian tradition, it is also possible to taste dishes such as the Gallurese soup, porchetto, lamb, castorinese sea soup and lobster.

Address Via Colombo, 6, 07031 Castelsardo SS, Italy

Phone +39 079 470661

Nothing flash but the locals eat here

7 Café de Paris

The restaurant looks quite simple from the outside, however the food is some of the best in Castelsardo. A very good mix of more usual dishes

Address Via Trieste, 7, 07031 Castelsardo SS, Italy

Phone +39 079 471424

Good prices, quality simple food

2 Trattoria Da Sonia & Matteo

The restaurant is the ideal place to enjoy the ancient flavors of traditional Sardinian cuisine. Typical dishes such as freshly caught fish soup and suckling pig.

Address Via Torino 1, 07031 Lu Bagnu, Castelsardo, Sardinia Italy

Phone +39 079 474288

Great pizza eat in or take away

5 Trattoria l'Antico Corso

Brilliant food lovingly prepared. Great service and a fantastic dining experience, great wine too. Highly recommend this place!!!

Address Via Nazionale, 24, 07031 Castelsardo SS, Italy

Phone +39 079 436 5800

Great reviews, good food

8 Agriturismo Bedda Ista

An experience at a local working farm with the most amazing view. The food is actually coming out of their own vegetable garden. Real Sardinian food for the food lovers!

Address Monte Ussoni, 07039 La Ciaccia SS, Italy

Phone +39 345 922 7747

Great food experience for family

3 Trattoria l'Imperfetto

Great little restaurant with good menu selection and refined food, a beautifully set dining room greets you. This restaurant is a hidden gem. Favoured by locals, which says it all.

Address Via Brigata Sassari, 10, 07031 Castelsardo SS, Italy

Phone +39 345 924 9802

Nice place at the foot of the castle

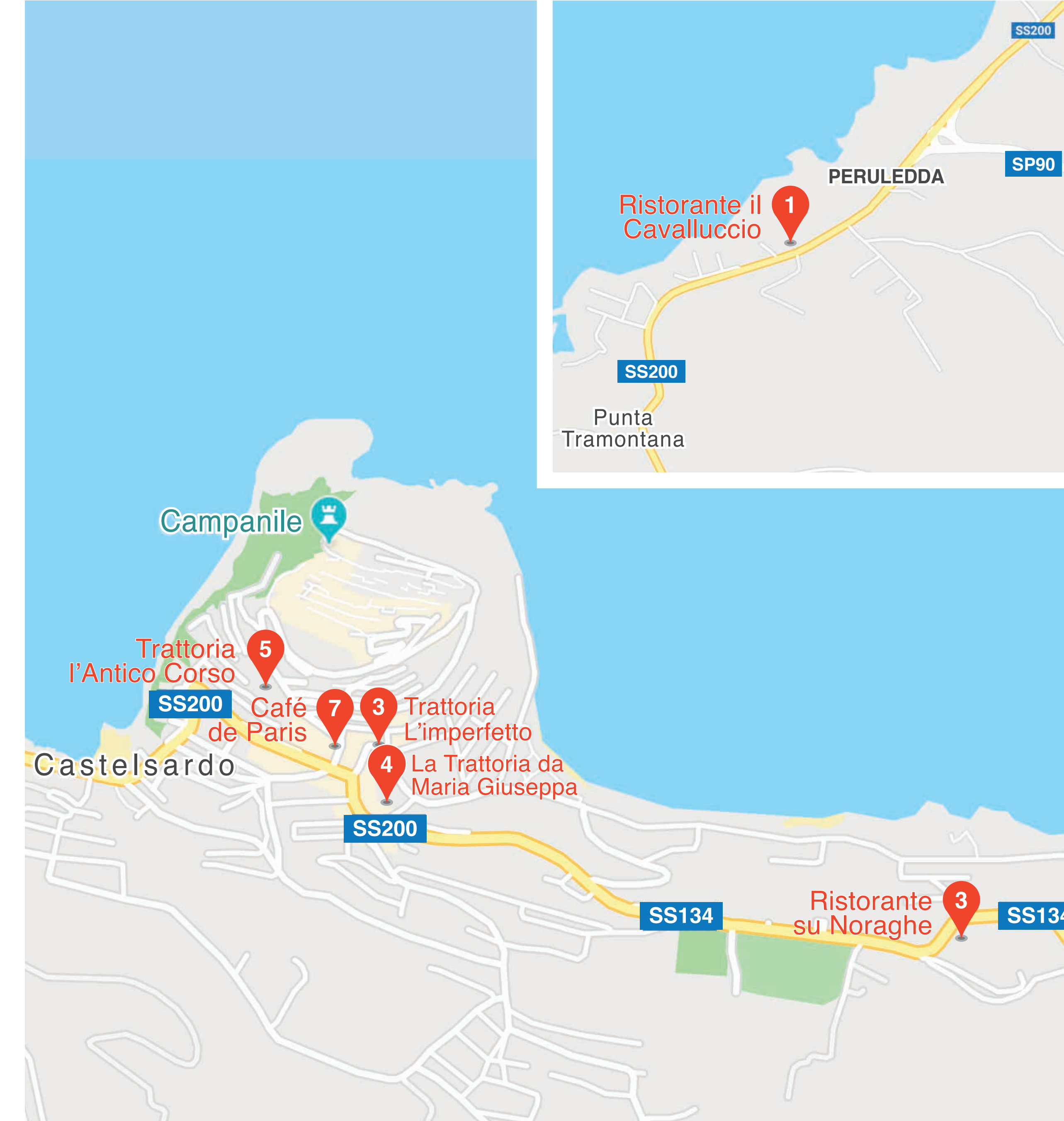
6 Ristorante su Noraghe

Very nice restaurant to have lunch or dinner. The view is incredible The crudo seafood is fresh and you can taste the sea, the *insalata di mare* is to die for.

Address Via Sedini, 90, 07031 Castelsardo SS, Italy

Phone +39 079 470273

Great reviews, good food



**This is just a small selection of places we have tried- check out many more on Trip Advisor- type in Restaurants Castelsardo*

Local Supermarkets/Butchers/Winery

1 Conad
Supermarket.
Address Via Marina, SNC, 07037 Sorso SS, Italy
Phone +39 079 305 5038

2 Eurospar
Supermarket.
Address Via Marina, 5, 07037 Sorso SS, Italy
Phone +39 079 305 6042

3 Macelleria Da Davide Puddu
Butchers – Meat of excellent quality.
Address Boito 2 angolo, Via Giacomo Puccini, 07037 Sorso SS, Italy
Phone +39 079 351 954

4 Auchen
Supermarket.
Address Discesa a mare 7, 07037 Sorso SS, Italy
Phone +39 345 075 4909

This is a really big place- worth a visit

5 Cantina Di Sorso Sennori
The Cantina sell a wide range of local wines at good prices. Operating as a co-operative, local vineyards deliver their grapes and they are fermented in the winery. The cheapest way to buy wine here is to take your own bottles and they fill them up for a small fee- good quality wine.
Address Via Marina, 5, 07037 Sorso SS, Italy
Phone +39 079 350118

9 Porto Cervo and Porto Rotonda
Costa Smeralda has some of the most expensive real estate in the world and is home to the very wealthy and very famous with a stunning harbour containing the largest yachts you will ever see. Prada, Gucci and all the expensive brands are there.

As it's about 90 minutes away, make a day of it.

Palau is only 20 minutes away from the above destinations- so why not have a memorable 1/2 day boat trip around Maddalena Archipelago which has great snorkeling and stunning scenery then spend a 1/2 day trip going around Porto Cervo and Porto Rotonda shopping.

Shopping for Ladies & Gentlemen

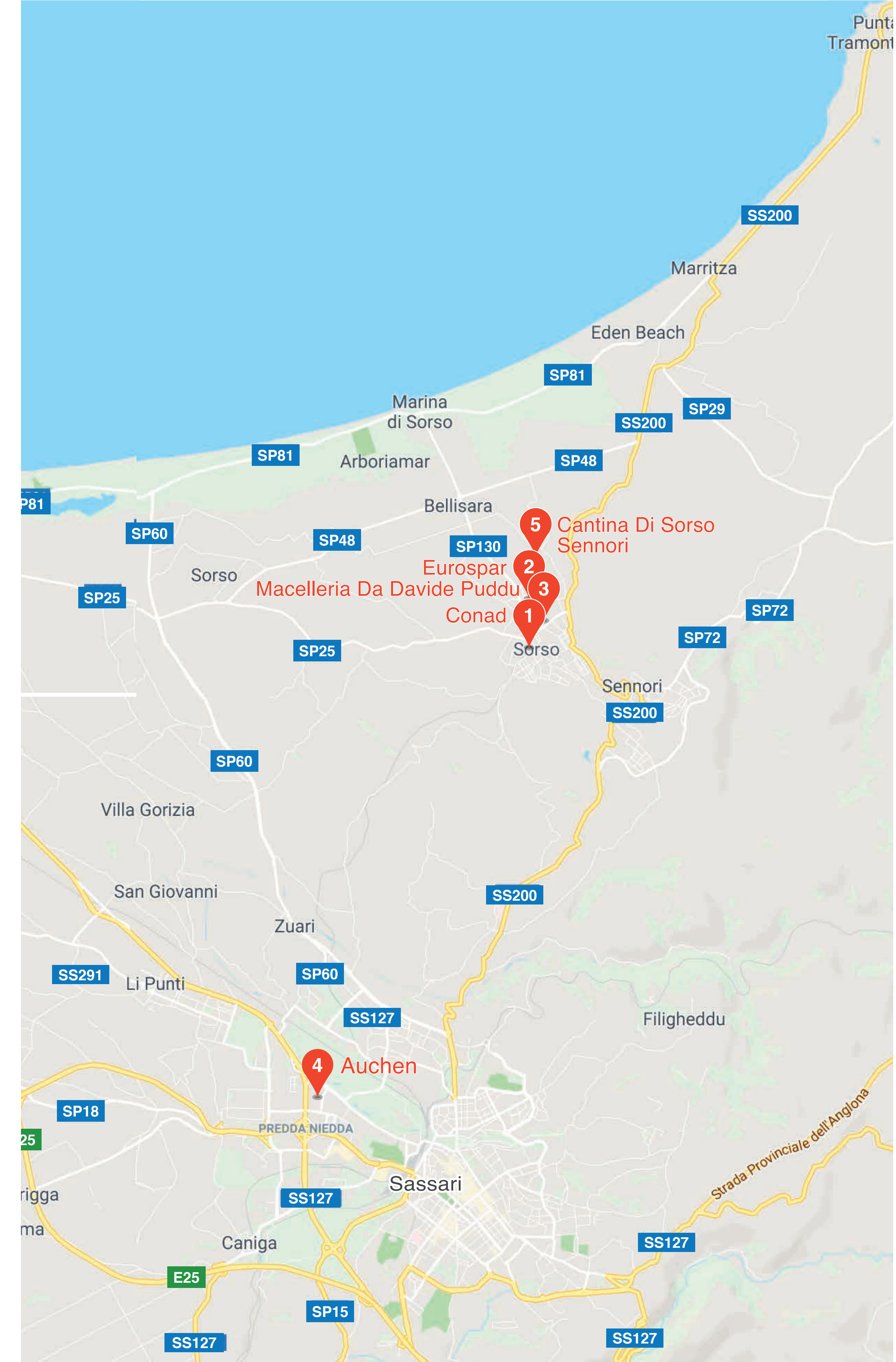
6 Alghero Old Town
Set within the ancient castle walls, there are lots of very nice cobbled streets lined with shops offering all sorts of interesting items including bags, clothes plus restaurants, ice cream and bars to drink.

A nice idea is to combine with an afternoon trip to Neptunes Grotto (take the steps down) or an afternoon boat trip from the harbour next to the castle walls

7 Sassari
Close by, Sassari is an ancient city dating back to Roman times and beyond. In the evenings entire families from grandparents to the very young hang out around one of the many squares in the city center in a very friendly atmosphere.
Read more about shopping and places to go in Sassari here: <http://www.turismosassari.it/en>
Main shops on Via Italia

8 Castelsardo and Sorso
Castelsardo is a **must see** and only a few minutes away. Take a walk up to the castle plus visit the nice little shops on the way up and the larger shops at the bottom.
Sorso is a typical traditional village which has a number of smaller shops dotted around the main square. Nice place to sit and have a coffee whilst waiting for an excellent take away pizza.

*** Don't forget shops close (not supermarkets) from 12pm to 5pm for siesta, so plan to go early evening**



Beaches

1 Sima Bar and Beach
Long quiet sandy beach used by locals with Sima bar located on the beach - good place to run as the beach is 7km long.

Address Discesa N°, 3, 07037
Platamona SS, Italy
Phone +39 079 310520

4 San Pietro a Mare
Another long sandy beach at Valledoria, this beach is famous for on beach wind surfing.

Address Via Enrico Costa, 1,
07039 Valledoria SS, Italy

7 Costa Paradiso
Spiaggia di Li Cossi is a wonderful secret beach accessed via a stunning coastal path. This area is wonderful for snorkeling as are many places on the northern coast- snorkeling really is not to be missed.

Address 07038 Trinità d'Agultu
e Vignola, Province of
Olbia-Tempio, Italy

2 Marina Di Sorso
Used by the families of all ages of Sorso as meeting place of an evening for conversation and discussion. Long sandy beach with the restaurant La Risacca over looking the sea.

Address 07037 Sorso, Province of
Sassari, Italy

5 Lu Bagnu
Smaller beach used by the younger generations, often very busy in peak season.

Address Via Venezia, Italy

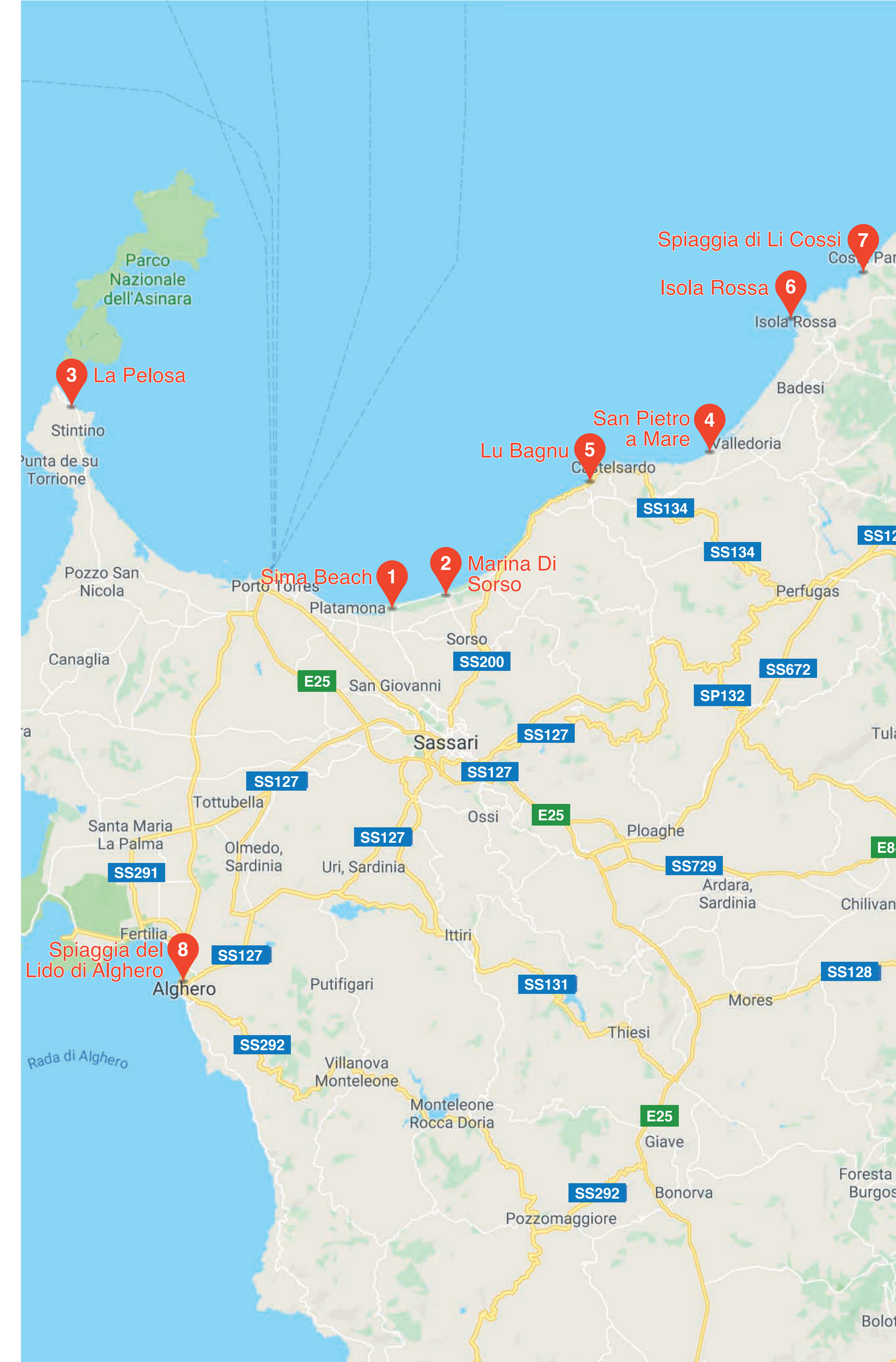
8 Alghero
There are numerous beaches in Alghero, which are all generally busy in peak season, but there are lots of services available for beach goers.

Address Lungomare Barcellona,
07041 Alghero SS, Italy

3 La Pelosa
The most famous beach in Sardinia, beautiful but busy, definitely worth a visit as Stintino, the local harbour village is stunning.

Address Viale la Pelosa, 07040
Stintino SS, Italy

6 Isola Rossa
Beautiful harbour village with the famous red sandy beach hence the name Isola Rossa.



Activities

1 Running

In Sorso there is a dedicated red surfaced running pathway, which runners can use to run all the way down to the sea at Marina Di Sorso.

The total distance is just over 7km and is a popular course. Illustrated on the map to the right.

Runners can park in the Eurospin car park opposite the start of the pathway.

The beach at Sima Bar or the beach at Marina Di Sorso also provides a further 7km of beach to run- head left toward Porto Torres once at the beach. The harder sand is at the waters edge plus there are numerous pathways.

For greater distances, there are quite a lot of roadrunners. They tend to run the less busy coastal road shown on the map, as SP81 which allows you to run a large loop.

Address Marina, 07037 Sorso SS, Italy

2 Cycling

Bella Biking are close by and can arrange some wonderful cycling experiences as well as private bike rentals.

There are a number of cycle hire places in Alghero, which can be found on Google.

Address Via Luna e Sole, 78, 07100 Sassari SS, Italy

Phone +39 393 962 9536

Website bellabiking.com/en

3 Hiking & Climbing

Gola di Gorropu is Europe's largest canyon. It provides the setting for one of the most spectacular hikes in Europe. The scenery provides a complete contrast to the coast and can only be described as breath takingly spectacular. You will also encounter snow-capped mountains on the way to the walk entrance.

The hike is essential down in to the canyon and takes 2 hours each way. Once down you can spend another 2 hours exploring. You then have the choice to take the jeep back up or walk.

Not recommended for anyone under 10 (unless really fit and only really for fully mobile adults. It's suitable for anyone of reasonable fitness with good foot ware.

Please check out further details on trip advisor.

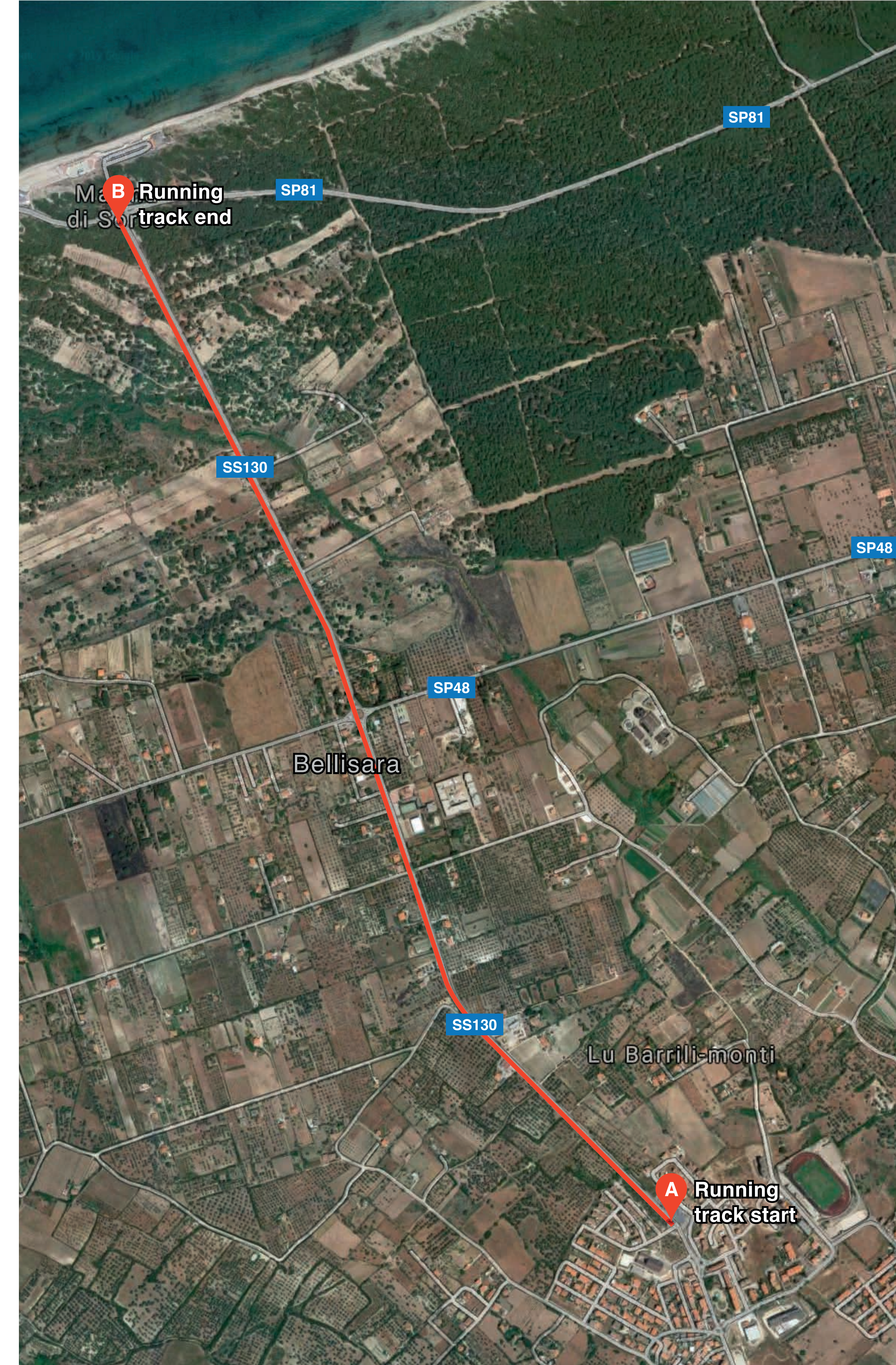
For more organised hikes contact Ivan at climbingsardinia.com. They can provide a range of really memorable experiences for parents and their children.

Ivan can provide a range of different climbing experiences for complete novices and families. If you have never climbed before, don't worry, it's very safe and a fantastic family experience.

The Via Ferrata, Trekking or Canyoning are great options to consider.

Website climbingsardinia.com

Trip Advisor is a good place to check out further activities in Northern Sardinia



Activities

4 Boat hire

Boats can be hired privately, skippered or as part of a large group of tourists. The tourist group boats, which are the least cost, are located along the Marina at Alghero.

There is a special, unique sailing experience from Alghero provided by Andrea Jensen, which comes highly recommended. The day trip abroad a wonderful sail boat provided opportunities for swimming, snorkeling plus all drink and food is provided. Check out reviews on Trip Advisor.

There are some wonderful boat trips available from Stintino. You can take the boat across to the Island of Asinara for a very special day out. There are also fishing boatstrips, which take you out and then prepare the catch for lunch onboard.

The Maddalena archipelago is considered one of the most beautiful areas in Europe. This is highly recommended and boats are available from Palau.

MD Services provides a wide range of skippered, and private boat hire at competitive rates. They can be found on Trip Advisor.

As Palau is very close to the world famous Costa Smeralda, Porto Cervo is worth a visit whilst out this way. Home to some of the world's most expensive real estate and play ground for both the famous and hyper wealthy. Head toward the Marina.

Websites ajsailing.com
gommonipalau.it

2 Vineyards

There are a number of local vineyards, which can be visited for tours, food and wine.

Please ask Rhondda or Giovanni for details.

3 Diving/Snorkeling

There are a number of PADI dive centres on the northern coasts. The closest are at Alghero and Costa Paradiso.

Please Google for further details and check Trip Advisor.

Rhondda and Giovanni also have some recommendations and lower cost options for boat trips and more- please feel free to ask them

The trip to Asinara island gets very good feed back

Their contact details:

Mobile: 0039 340 825 2406
Email: Rhondda@tiscali.it

Internet Access

To access Internet Wi-Fi at the villa do not try and type in the access code on the bottom of the white Wi-Fi hub. Instead if you turn over the white Wi-Fi hub you will see a QR code like this:



Set your phone or tablet to camera mode and simply focus the camera on this QR code and it will automatically join you to the network- a little message will pop up once it has read the code

4 Historic Tours

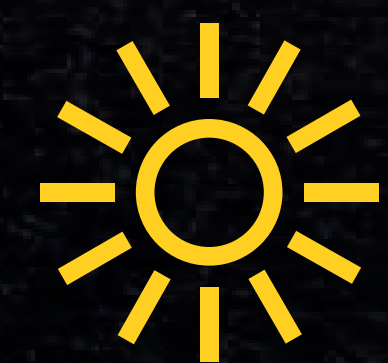
There are a number of tours, which operate out of Alghero, which can take you to some of the world famous ancient historic sites. Details are available on Trip Advisor.

Neptunes Grotto just outside Algehro is a great place to take the family, taking the six hundred steps dpwn to the spectacular grotto formed when dinosaurs roamed the earth. Some wonderful views on the way down - the walk is quite an easy one.

Address 07041 Province of Sassari, Italy

Website ampcapocaccia.it/grottanettuno.asp





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